



My NORWF Sisters,

I feel confident in saying that every person experiences tough periods in life and so knowing How To Find Happiness In Hard Times is an important subject.

Certainly, today we are experiencing troubled times on a global scale, a pandemic has taken over most of the world, and people are being affected in many profound and very real ways. Death, isolation, loss of income, uncertainty...no question this is hard times! While you cannot control everything that happens externally, you CAN control your internal life. Even in officially hard times, there are things you can do and ways to look at things to maintain a positive and even joyful mindset. Here are three tips to do just that:

Surround Yourself With The Right People

I have heard it said that we are the sum total of the five people we surround ourselves with most often. If this is true, then those that we surround ourselves with is, of course, important. Try to connect with people that lift you up. Try to avoid people who “bring you down”.

Remember That Nothing Is Permanent - “THIS TOO SHALL PASS”

While change can be a scary thing, when hard times come, change is something to look forward to! Nothing in life is permanent. Most of the time, TIME is the only remedy for tough situations. If you want to maximize your joy during difficult times, remember that your situation is not the way things are, only the way they are RIGHT NOW!

Base Your Happiness On Yourself

Since we have discussed how life is divided into highs and lows and the fact that nothing lasts forever, this leads to another thing to keep in mind during the best AND the worst period. If you let every good thing that happens to you leave you soaring on cloud nine and every negative situation send you crashing to earth, you will go through life in a state of emotional exhaustion! Stable, consistent, sustainable joy can only be created and found within yourself and from conscious choices you make. Life is far less about what happens to you than how you react to it. Don't fall into the routine of letting happiness get to your head and failure to your heart.

May God Bless you and America,

Susan



BINGO BINGO BINGO MARCH 20TH

CONGRATULATIONS TO ALL YOU IN THE CLUB WHO ARE
WORKING HARD—SOLD THOSE TICKETS!!!

THE EVENT IS SOLD OUT!!!



IMPORTANT NOTICE

NO MEETING ON MARCH 18TH.

AS MARCH IS ALWAYS MEMBERSHIP MONTH AND WE HAVE
A SPECIAL EVENT TO GET NEW MEMBERS ON MARCH 20TH



**DAYLIGHT SAVINGS TIME 2021
SUNDAY MARCH 14TH (In 3 days)**



BIRTHDAYS



JUDITH RISER	MARCH 9th
AMELIA HARRISON	MARCH 9th
CHARLOTTE WHITE	MARCH 18th
LYNN GARRETT	MARCH 19th
LOUISE FORTUNATO	MARCH 20th

**NOTICE: ANY CARDS OR REMEMBERANCES PLEASE NOTIFY OUR
COORESPONDING SECRETARY SANDY BOVE' AT:**

mylipstix@aol.com [Attention Members: Newsletter Content](#)

If you have any photos, events or information, article you would like to share for upcoming newsletters, please email them to me charlottewhite@3mbarqmail.com by the 28th of the month.

Since Easter will be the first weekend in April, we wish you a blessed season celebrate Maundy Thursday, Good Friday and Very Blessed Easter!!!!



May your
Easter basket be full of
Joy, Happiness & Peace
Today & Always!

Happy
Easter



NORWF 2021 Volunteers

Month	Drawing Basket	Dessert
January 2021	Sandy Bove Brenda <u>Soloman</u>	Joan Alsup
February 2021	Pat Blackwell	Joni Keams
March 2021	Loretta Forlaw	Sandy Bove Brenda <u>Soloman</u>
April 2021	Beverly Blackmon	Marty Harrison
May 2021	Verlie Norris Mary Smothers	Susan <u>Bornman</u>
June 2021	(Need Volunteer)	Virginia Mapel Shirley Merrill
July 2021	No Meeting	No Meeting
August 2021	No Meeting	No Meeting
September 2021	Barb Zack	Loretta Forlaw
October 2021	Sharon Gates	Beverly Blackmon
November 2021	Joni Keams Dianne <u>Gieski</u>	Lillian Finno Sharen Gates
December 2021	Charlotte White	Pat Blackwell



Officer President: Susan Bornmann
 1ST Vice President: Danielle Hillson
 Recording Secretary: Brenda Solomon
 Associate Treasurer: Charlotte White
 2nd Vice President: Pat Blackwell
 Treasurer: Barb Zakszewski
 Corresponding Secretary: Sandy Bove

CALENDAR

NORWF CALENDAR OF EVENTS FOR 2021

DATE

GENERAL MEETINGS

JANUARY 15TH

INSTALLATION OF NEW OFFICERS

FEBRUARY 18TH

MARCH 18TH

NO MEETING – SATURDAY SOCIAL

APRIL 15TH

TBD

MAY 20

TBD

JUNE 17

TBD

JULY 15

NO MEETING

AUGUST 19

NO MEETING

SEPTEMBER 16TH

OCTOBER 21ST

NOVEMBER 18TH

DECEMBER 16TH

SPECIAL EVENTS

Mark Your Calendars... 2021 FFRW / NFRW

MAY 6TH

**MAYORS PRAYER BREAKFAST, APOPKA COMMUNITY CENTER
NATIONAL DAY OF PRAYER**

March 4, 2021: Legislative Advocacy Day on Capitol Hill

**March 5-6, 2021: NFRW Board of Directors Meeting– Fall 2021—
The Westin Alexandria Old Town, Alexandria, VA**

May 6th Mayor’s Prayer Breakfast, Apopka Community Center National Day of Prayer

**September 24-26, 2021: 41st Biennial Convention
JW Marriott Orlando Grande Lakes**

Future board meetings will be on the first Wednesday of each month (with the exception of July and August) to begin at 11:00 am. Madame president procured the conference room at the First United Methodist Church (201 S. Park Ave.) for the following dates: March 3, April 7, May 5, June 2, No meetings in July and August, September 1, October 6, and November 3, and December 1.